



# LABOR'S MTC VIEWS

114 Poquonnock Rd, Groton, CT 06340

January 2025

Vol 47 No. 1

MTCNLC.ORG

## Phone List

**Peter E Baker** 445-6383  
**MTC President**

**John Adamson** 445-6383  
**MTC Vice President**

**Richard McCombs** 445-6383  
**MTC Rec. Sec'y**

**Janet Orr** 445-6383  
**MTC Sec'y Treasurer**

**George Nowosielski** 445-8170  
**Local 777**

**Dennis Urquhart**  
**Local 1122** 401-573-6956

**Richard (Chick) McCombs**  
**Local 261** 445-2224

**Jim Spencer** 445-8619  
**Local 1871**

**Pat Joyce** 445-4973  
**Local 614**

**Danny Sanchez** 448-2577  
**Local 547**

**Rob Hill** 575-1384  
**Local 493**

**Paul Bruno** 445-1216  
**Local 106**

**Janet Orr** 445-6383  
**MTC Benefits Rep**

Goodbye 2024, Hello 2025!

I hope all were able to enjoy time with friends and family.

For those of you who were required to work I thank you for your commitment and sacrifice. 2024 was NOT a banner year. We got lumped up a little, have a few more scars, but are still standing and ready to face the challenges that 2025 will bring.

We lost hundreds of years in experience through retirements.

The new cell phone policy.

Roadwork in numbers we haven't seen in years.

New leadership in many areas of the Company.

Increase in Safety initiatives.

The new Administration.

Renewed attacks on working people.

And I'm sure there will be many more that we can't even imagine.

However, we will meet each one head on and work toward a resolution in the spirit of harmonious relations.

I wish you all a happy, healthy, safe, and prosperous New Year!

Fraternally Yours  
Peter E. Baker  
President

MTCNLC.ORG





# Local 106

## **DIGNITY AND RESPECT**

These are two words and actions you should think about when you are addressing any matters with coworkers or supervision. If there is an issue speak to your Union Steward.

## **UNION MEETINGS**

Union meetings are important, and I encourage you to come and participate in the affairs of our Union. The monthly meetings normally last about 30 minutes and your participation will help to make this Union even stronger.

## **2024 HOLIDAY FLOATERS**

The deadline for using any 2024 Holiday Floaters is February 28, 2025. They must be taken in eight (8) hour increments. They will be lost unless you were prevented from taking them based on you working during the holiday shutdown. In such cases you will be reimbursed eight (8) straight time hours for each floating holiday lost (including any applicable shift premium). Notify your supervisor if this applicable to you.

## **NEW EMPLOYEES AND THE CHRISTMAS HOLIDAY SHUT DOWN**

You may be eligible for unemployment benefits. Info was mailed to your homes in December.

## **UNION REMINDERS:**

**NEW HIRES YOU** must stay on top of your insurance coverage. There are many choices for you to review and time limits for you to apply for these benefits. You are now eligible to join the insurance **between days 0-30 of your date of hire**. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and additional life insurance. If you are married or married with children, they will not be covered. It is **important** to enroll as soon as possible. **Do not be late.**

I suggest that you call to make arrangements for health insurance since all calls are recorded. In the past, there were problems with online enrollments. There are many options to choose or reject.

Contact General Dynamics Service Center (1-888 432-3633)

Monday – Friday 9am to 9pm. OR [www.gdbenefit.com](http://www.gdbenefit.com) (24hrs/7days).

Any questions call EB Benefits: 860-433-4201 or Janet Orr, Union Insurance Representative: 860-445-6383.

## **“Weingarten” Rights**

If **YOU** are sent to **SECURITY** for any reason or are being questioned by **MANAGEMENT**, **YOU** should request a **STEWARD**. **YOU** do not have to answer any questions until you have **UNION REPRESENTATION**.

**Youtube Weingarten Rights: Training for Shop Stewards. View the brief ten minute video from OPEIU Local 8.**

## **www.opeiulocal106.org**

Visit this site and search the many links of valuable information. The Media Center is one example that is updated by our International Union with new information on Union Benefits and current issues of interest.

## **LABOR’S VIEWS ONLINE**

LABOR’S VIEWS may be seen on [opeiulocal106.org](http://opeiulocal106.org) and the Metal Trades Council website [mtcnlc.org](http://mtcnlc.org). LABOR’S VIEWS is also accessible on EB computers link to the MTC website to Homeport.

If you would like a copy please email our Recording Secretary, Maggie Marley, at [prof.emp@snet.net](mailto:prof.emp@snet.net) and ask to be added to the email list. Please state “Subject LV” and use your home email address.

## **MEETING NOTICE**

JAN. MEETING: January 13, 2025, 5:30 P.M., nomination and election M.T.C. and S.C.C.L.C. AFL-CIO Delegates.

FEB. MEETING February 10, 2025, 5:30pm

## **UNION REMINDER**

Dues Increase: Due to per capita tax increases, our Local dues were increased by \$1.00 per month effective January 1, 2025.

**STEWARDS FOR EB:** Nate Newhouse D438 401-688-6852 1st Shift

Brian Hubbard D274 860-213-6733 1st Shift Arlene Allard D221 X37797 2nd Shift

Cory Jacobson D321 X35569 3rd Shift

## **UNION COMMUNICATIONS:**

**If you want email notices from the MTC email [MetalTradesCouncil@Gmail.com](mailto:MetalTradesCouncil@Gmail.com) for info.**

Local 106 Web Site [opeiulocal106.org](http://opeiulocal106.org) Phone 860-445-1216 FAX 860-446-0175  
e-mail [prof.emp@snet.net](mailto:prof.emp@snet.net) **Do not send e-mails to any EB addresses. We may not get them. If you have sent an e-mail and did not get a response in a day or two please call the Union Hall.**

International Union Web Site [opeiu.org](http://opeiu.org) International Magazine White Collar  
Union Benefits [UnionPlus.org](http://UnionPlus.org) Metal Trades Council [mtcnlc.org](http://mtcnlc.org)

**If you change your home address, phone number, or e-mail do not forget to notify the Union.**

**PLEASE, TRY TO ATTEND UNION MEETINGS.**

Paul A. Bruno Jr. President/Chief Steward





# Local 1871

**ELECTION RESULTS!** President: Mark Sousa JR(Tiny); VP Randy Branch, Recording Secretary: Kevin Mizer;

Secretary Treasurer: George Blanchette; Conductor Sentinel: Ian Marchetti; Board of Trustees: Janet Orr, Ed Mctigue, Tyler Qualley; Metal Trades Council Delegates: Janet Orr, Larry Donn; NE Conference of Machinists: Ernie Richard, Sherry Mullins, Mike Fantacci, Ian Marchetti; Audit Committee- Larry Donn, Dustin Bennet, and Ryan Butler; CT State AFL-CIO- Janet Orr, Nick Banker, Ernie Richard, Sherry Mullins, and Ryan Butler. ST CT AFL-CIO- Sherry Mullins, Melihna Marshall, Nick Banker, Ernie Richard, and Ian Marchetti. Congratulations and we look forward to seeing what the future holds!

Please know that we will be accepting donations at the hall to help the family of Andrew Hoffman who lost their daughter to a house fire. Please keep him and his having in your prayers and whatever you can help with is much appreciated.

We have more T-shirts available for \$15 each. Stop by the hall to get one. Call your steward to let us know you'll be stopping by.

I'd also like to remind people that there is an MTC website that has our labor views on it along with other information. Mtcnlc.org Also join our facebook Local Lodge 1871iam where we can communicate with each other.

In order to check your pay stub online, you need to login to your fidelity netbenefits page. On the home page, halfway down, click on the link titled "GD ESS". On the next page click "Go to GD ESS". This will bring you to the Employee Self Service homepage where you can find a link to your paystub.

**INSURANCE UPDATE:** If you are out for more than 30 days and need to pay insurance, the General Dynamics Service Center will mail you a form and instructions. If you do not receive this letter in a timely manner, please call (888)432-3633.

Before you retire, please contact the union, and let us know. You **DO NOT** need to submit a withdrawal card. Retirees can receive a union jacket and/or watch. 40 years or more will receive both. 15-40 years will receive a watch.

**Make sure to inform the union if you will be out of work for an extended amount of time so that we can make sure your dues are adjusted.**

If you are a Military Veteran, please see Christopher Wasilewski on first shift for support.

**New Members:** Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at [www.gdbenefits.com](http://www.gdbenefits.com) to enroll yourself, and your dependents, in the benefits package.

As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open.

**IMPORTANT:** If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, "**I want to talk to a Steward**".

Union Hall Phone Number: 860-445-8619

Chief Steward: Mark Sousa 401-743-3033

Union Hall: 860-445-8619

First Shift OSM:

Mark Sousa 401-743-3033

Larry Donn 860-608-8226

Randy Branche 860-215-5384

Mike Fantacci 860-884-7339

Tyler Qualley 860-514-6596

First Shift Machine Shop:

Ernest Richard 860-381-9213

First Shift All Other Areas:

Richard Gingerella 860-710-5815

Kevin Mizer 401-580-0400

Ed Mctigue 860-463-7680

Janet Orr 860-608-8528

Second Shift OSM:

Bill Ericson 860-705-6739

George Blanchette 860-908-4149

Dustin Bennett 860-300-6164

Second Shift ISM:

Sherry Mullins 860-876-3723

Second Shift All Other Areas:

Jasmyne Harris 860-938-6276

Nick Banker 860-917-4182

Third Shift All Areas - Nate Cook 401-688-6852

United Way Contact - Janet Orr 860-608-8528

MTC Benefits Rep - Janet Orr 860-608-8528

MEETING NOTICE:

Meeting dates for the year will be posted on one notice in all areas. Take note of dates that fall on months with floaters. Next regular meetings will be January 9th at 3:00 p.m., and February 13th at 3:00 p.m. at 18 Pleasant St Groton, CT 06340.



# Local 1122

As we approach the end of the year, I would like to express my profound gratitude for each and every one of you. It has been an extraordinary year of growth and unity. I wish you a Merry Christmas and a prosperous new year

At present, there are no road jobs available. Should any changes occur, I will promptly inform all 251 Union Stewards and they will inform you.

I would like to remind everyone that we will have new hires starting soon. Please be on the lookout for them and help them as needed. If you see any new hires struggling, please offer your assistance.

Debit Card Replacement : If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto [FidelityDebitCard.com](http://FidelityDebitCard.com) to request a new one.

Subbase NSSF and ARDM Shippingport request form : The Department will no longer survey, you will have to fill out a form. See your steward for this form.

Stewards : First shift Stewards: Allen Claar All Nuclear issues 860-237-1114, Ron Ingves 860-334-8141, Chris Wilson 860-961-2930,

Alternate Dan Sager 860-941-4236

Second shift Stewards: Matthew Cassidy 860-989-9600

Third shift Stewards : Jose Mendes Alternates Elaine Key 860-460-7621

**SAFETY** : Just a reminder that safety is everyone's concern. If you see an unsafe act you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Contact MTC safety at 860-445-6383.

If you are sent to Security for any reason or are being questioned by any Management, YOU SHOULD REQUEST A STEWARD !!! REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.

**IMPORTANT**: Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc. it is your responsibility to pay your portion for medical, dental, and vision. You can be dropped from your benefits if you don't keep up your payments.

Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. We need to have the correct information!

When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

**REMINDER**: If you are out of work on compensation or accident & sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

**IMPORTANT**: It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7:00 PM. Second shift employees please give your foreman 24 hours notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this.

If I can be of any assistance to you, please don't hesitate to contact me. My numbers are 401-573-6956 and my email is [painters.union@yahoo.com](mailto:painters.union@yahoo.com).

Thank you for your ongoing support.

Fraternally yours,

Dennis Urquhart

President/Chief Steward



**Electric Boat Division Workers**  
(Past and Present)

**This Monument is being built for you!!!**



**The USS Groton Sail Monument**

The USS Groton Sail Foundation is building a lasting public monument to celebrate our region's contribution to our country's national defense. To be located on Route 117, adjacent to the Groton Public Library & Thrive 55+ Center, the centerpiece for this 320 foot submarine replica will be the actual sail and rudder from the United States submarine USS Groton (SSN 694).

*This monument is "Dedicated to the men and women who design, build, operate and maintain submarines, and the families and communities who support them"*

**BE PART OF IT!!**

**The USS Groton Sail Monument**  
Engraved Walkway Pavers

A dedicated walkway, comprised of 8" x 8" custom, engraved pavers will be a major part of this monument. Each paver will be engraved with 1 of 10 special custom logos and 4 lines of text with choice of a name and/or text to recognize family, friends, service members, businesses, or something special to you. A "Certificate of Donation" is issued with each paver and/or donation.



Paver samples



Order Your Personalized Paver today!  
**\$250**  
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Scan QR Code for info

Go to [grotonsail.com](http://grotonsail.com)

Credit Cards and Checks accepted • Application forms also available at Groton Public Library



**Local 493**

REQUEST A STEWARD If you are being sent to Security for any reason or are being questioned by management you have the right to have a Steward present. You don't have to answer any questions until you have union representation.

**STEWARDS**

- 1st Shift - Keith Coppin 860-433-4657 Scott Harris 860-574-0208
- 1st Shift Alt - Scott Partosan 860-433-5816
- 2nd Shift -John Ogden 860-433-4657

**SAFETY:** Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe, please contact a steward for guidance. You can also contact MTC Safety at 860-445-6383

Reminder when operating forklifts or machines please be careful. Be aware of your surroundings. Watch for hazards inside and outside the machine - people, other moving machines and vehicles, objects in your path.

Please Work safe - Robert Hill /Chief Steward

**LiUNA! Local 547**

*Feel the Power*

Here is a list of our current stewards -

- Daniel Sanchez - 860-857-2224 - Chief Steward
- Mark Kelliher - 860-271-3748 - 1st Shift All Areas
- Mike Campi - 860-309-6422 - Fire Dept
- Brandon Caisse - 860-227-5893 - 2nd Shift All Areas

Please reach out if you need anything, and continue to work safely.

Fraternally yours,  
Danny Sanchez



**LiUNA!**



If you want to receive email notices from the Union, please email [MetalTradesCouncil@Gmail.com](mailto:MetalTradesCouncil@Gmail.com) and provide the following information.

Name: \_\_\_\_\_

Badge: \_\_\_\_\_

Local Union: \_\_\_\_\_

Email: \_\_\_\_\_

Your information will not be shared or sold.



# Local 261

The next regularly scheduled meeting of IBEW Local Union 261 will be held Tuesday

January 14, 2025, 2:45 P.M. at the IAM Lodge 1871 Union Hall located at 18 Pleasant Street. This will be the third Tuesday because of the Veteran Day floater opportunity. Please note: It has been officially agreed that we will continue to observe our floater week by changing our meeting date to the following week. If you can't get to the meetings Send me an e-mail and let me know your issues. The Local's phone numbers are as follows: 860-445-2224 main line, E-mail address: [ibew261@gmail.com](mailto:ibew261@gmail.com) IBEW International web site: <http://ibew.org>

I hope all had a nice peaceful holiday and enjoyed the shutdown with your family. Here we go into a new year. A lot will be happening this year and we will need your participation: Nominations for Officers will be at the May membership meeting and a June election will be scheduled by the Local. Members in good standing for two years will be eligible to hold office. Hopefully we can get some younger members who are willing to contribute to the whole membership and the Union's priorities. I know I have said this in the past, but I do not plan on running for Office this time. I feel it's time to let someone bring some new fresh ideas that fit with this new generation of workers. I have already said that we have to unify to be strong enough to overcome the division that we expect to face in the near future, especially with what we may be experiencing with the new administration and their 2025 project.

We have been told that the Company may need to continue to participate in road jobs to sustain our work force. The supply chain program is not working and has caused serious delays in our schedules. The Company is using EWAs as a way to keep us working until our work begins. This is similar to what we went through during the downsizing in 1990's & into the 2000s. I endorse supporting the road job opportunities.

## **New Business:**

At the time of this writing, it has not been determined if we qualify for any of the goals in the modified incentive bonus. Please note that payment, if any, would be sometime this month. As you know, management has expressed concerns about the continuous use of cell phones during working hours. Apparently, that has become one of their excuses for not meeting their schedules. The MTC Leadership has been meeting with them on this and explained to them if you gave us some work we wouldn't be on the cell phones and maybe we could meet a schedule or two.

The Company hates "idol time". Years ago, some nitwit consultant told them that if you can get them to work eight hours a day you can get the job done quicker. Wow, that was profound! I think anyone could have come up with that and you wouldn't have to pay a couple of hundred thousand dollars for that advice. Take away our bathroom breaks look at all the time you will have to build submarines! IT AIN'T GOING TO WORK! **Treat your workers with dignity & respect** and you will be amazed at what we can accomplish. Disciplining workers for not looking busy when they have no assigned work is "Piss poor management" Anyways, some kind of a memorandum of understanding concerning the use of cell phones will be established soon. If we continue to stay unified and work together, avoid the "SPIN - DOCTORS" we can get through this!

Please continue to work safely.

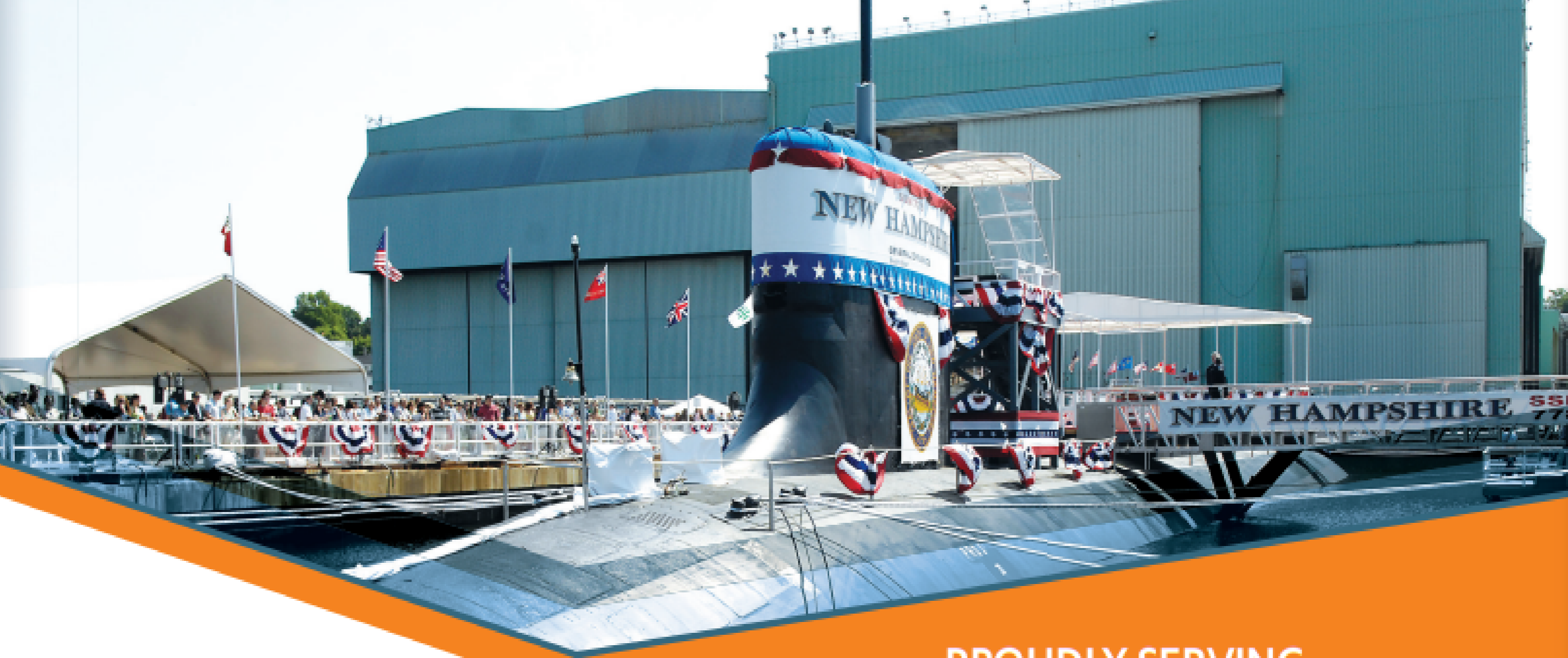
Fraternally,

Richard L. McCombs

President / Business Manager

IBEW LU 261





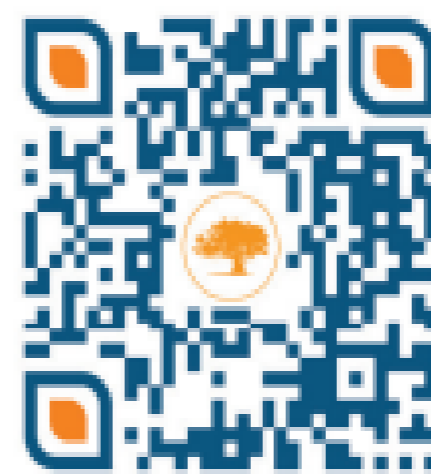
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\*The one-time \$200 bonus will be awarded after the account has met required conditions for three consecutive months within a six-month period from account opening. This offer applies to new memberships or existing memberships that qualify for the account with a new direct deposit. The \$200 Bonus is considered dividends and will be reported on IRS Form 1099-DIV. This offer may be withdrawn at any time.

\*\*APY = Annual Percentage Yield. The EB Checking Account is a "Split Rate Tiered" account for General Dynamics Electric Boat employees who qualify for membership. Proof of employment may be required. 3.00% APY is paid on balances up to \$10,000. Balances over \$10,000 earn 0.25% APY. All Charter Oak foreign ATM fees will be rebated. Surcharge fees charged by other financial institutions or networks will be rebated up to \$9.99 each to a maximum of \$20 a month and rebated at the end of the month. The default APY of 0.05% will be applied to all tiered balances if account conditions are not met and ATM fees will not be rebated. Rates are variable and can change at any time. To earn the stated APYs your account must have e-Statement, Online Banking, 10 Debit Card transactions posted per month (excluding ATM transactions) and have a Direct Deposit of \$2,000 or more posted in each calendar month. Existing checking accounts are not transferable to an EB Checking Account. Existing members may open a new EB Checking Account under their existing account and must meet the account conditions to qualify. Only one EB Checking Account, Sun Checking Account or Go Checking Account per qualified member number. APY effective May 15, 2023. This offer may be withdrawn at any time.





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### PERSONAL INJURY

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- DANGEROUS PRODUCTS

### WORKERS' COMPENSATION

- BONE & JOINT INJURIES
- CANCER CAUSED BY CHEMICALS OR ASBESTOS
- HEARING LOSS

**EMBRYNEUSNER.COM**

• 860.449.0341

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• help@embryneusner.com • 118 Poquonnock Road • Groton, CT 06340



Celebrating our 25th year  
supporting Electric Boat  
Retirees!!



**Beacon**

Retiree Benefits Group LLC  
AN ALERA GROUP COMPANY

Call our office today  
for more information  
at 1.888.484.0414 or  
email us at  
[info@beaconmedicare.com](mailto:info@beaconmedicare.com)

## SPECIAL INVITATION

Beacon Retiree Benefits Group invites  
Electric Boat Retirees to participate in a  
special Medicare Medical & Prescription  
Drug Plan...

## PROGRAM DETAILS

- This special group program is **ONLY** available to Medicare eligible Electric Boat retirees and spouses.
- This program was created in 1999 by your friends at the MTC, the MDA, Carpenters Union and the RSEA.
- Over 2,500 retirees & spouses participate!
- All plans, rates & benefits are the same in all 50 states!
- There are no individual plans comparable to these unique group options.



## EDUCATIONAL SESSIONS

Morning sessions start at 10AM  
The Hilton Mystic Hotel, Mystic CT  
Wednesday, December 4, 2024  
Wednesday, January 8, 2025  
Wednesday, February 5, 2025

Late afternoon sessions start at 4PM  
Great Neck Country Club, Waterford, CT  
Wednesday, February 19, 2025  
Wednesday, April 16, 2025

Refreshments will be served!

To reserve your seat, call us at  
1.888.484.0414 or email us at

[RSVP@BeaconMedicare.com](mailto:RSVP@BeaconMedicare.com)





## Local 777

We hope everyone had a safe, happy, and restful shutdown.

The company did a lot of hiring last year for the anticipation of a busy work year ahead and being able to complete our workload on time. At this time it looks like the majority of new hiring is done. Work on the Columbia project in the new SYAB should be ramping up and the

Virginia Class, overhauls, and possibly some more roadwork should keep us busy. Sometimes its not the job, but the conditions we work under that make it a stressful environment. Remember to treat others the way we would want to be treated. We are on company property and are obligated to follow the companys rules. We are all adults and have to act responsibly towards others.

All the members on the payroll as of last Nov. 1, 2024 are eligible for the 2024 performance

bonus to be paid out in January, 2025. Also, our next contract raise comes into effect on March 16,2025. Just a reminder to everyone again, it is the members responsibility to

notify the Union as well as the company, with any change of address to pay your insurance premiums when out , to the company, and your dues to the Local when absent from work or your employment status changes.





# Local 614

Hello Brothers and Sisters:

Hope everyone had a wonderful Holiday Season and got to enjoy the plant shutdown with their family and friends.

With the new year starting we have the safety incentive bonus coming later this month. We also get our vacation time added.

PLEASE remember to use your time wisely and plan accordingly. You never know when something can happen or will happen.

## Important

If you are going to be put on notice, disciplined, or sent to Security for any reason, you should request a Union Steward!! It's your right to Union representation, and you don't have to answer any questions without Union representation present.

## Retirees

Jon Morris (242)- 15 years

## Union Communications

Chief Steward- Mike Bushek 860-884-0765

Business Manager- Shane Gilligan 860-817-4341

Union Hall- 860-445-1120

Please don't forget to notify the Union Hall if you change your address or name. When you notify the company, they do not give the Union the new information.

Please remember for members who are out on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc. it is your responsibility to pay your medical, dental and vision. They can drop you if you fall behind.

We don't have an official date yet but keep an eye out for the apprenticeship flyers. They should be coming out soon.

Don't forget that it is that time of year to get your new boots. If you don't know how much money you have to purchase them, see a Union Steward for the boot list.

It is getting to be hoodie weather again. We still have several sizes left to purchase. It is \$35 for zip up and \$30 for a pullover.

See you all at our next scheduled Union meeting on Tuesday January 14, 2025, at 2:45 pm at the Boilermakers Union Hall.

Sincerely,

Patrick Joyce

President

## EB Optical Shop -

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Shipyard Side</b>	1:00-6:00PM*	6:00AM-6:00PM*	Closed	Closed	6:00AM-1:30PM	Closed
<b>Street Side</b>	Closed	Closed	6:00AM-6:00PM*	6:00AM-6:00PM*	Closed	Closed

Appointments remain by appt – they can be made via phone 860-433-6934 or accessible link at home: [EB-OPTICAL-GROTON.BOOKAFY.COM](http://EB-OPTICAL-GROTON.BOOKAFY.COM)

We've also updated the gdeb.com website with this information under Employee Information



## Contacts

BENEFITS AND WELLNESS CONTACTS			
Program/Contact		Phone	Website/Email
Electric Boat Benefits (Groton)		860-433-4201	benefits@gdeb.com
Electric Boat Benefits (Quonset Point)		401-268-3540/401-268-2711	
General Dynamics Service Center		888-432-3633	gdbenefits.com
EB Family Wellness Center		860-629-8272	ebfamilywellnesscenter.com
Electric Boat Pharmacy (Groton)		888-578-3457	ebgrotonrx@walgreens.com
Electric Boat Pharmacy (Quonset Point)		800-891-4235	ebrx@walgreens.com
Wellness Coordinator	Katie Perkins	860-405-9513	kperkin2@gdeb.com
VENDOR CONTACTS			
Medical	UnitedHealthcare	866-249-7571	myuhc.com
Medical Claims Assistance	UnitedHealthcare Benefits Advocate	763-361-4981	elenor_helme@uhc.com
Wellness Coaches	Optum	332-257-5164	david.zaldivar@plusone.com
		860-822-3160	annmarie.bartelli@plusone.com
		401-465-1097	jennifer.fine@plusone.com
Health Promotion Specialists	Optum	763-910-9480 952-205-6067	courtney.moffitt@optum.com donald.blackjr@optum.com
Hearing Health	Starkey HearCare	860-629-0781	starkey.com
Flexible Spending Accounts	HealthEquity*	877-291-1948	wageworks.com
Health Savings Account	Fidelity	888-432-3633	gdbenefits.com
Prescription Drug	Express Scripts	877-799-5783	express-scripts.com/ generaldynamics
Dental	Delta Dental of Virginia	800-335-8289	deltadentalva.com
Vision	VSP	800-877-7195	gd.vspforme.com
EAP	Optum	866-743-6551	liveandworkwell.com access code 11060
Lab Work (CT only)	Quest Diagnostics	800-377-8448	questdiagnostics.com/PSC
Short-Term Disability/ Family Medical Leave	Sedgwick CMS	800-416-1808	mysedgwick.com
	CT Paid Leave	877-499-8606	ctpaidleave.org
	RI TDI/TCI	401-462-8420	dlt.ri.gov
Healthy Rewards	Castlight	844-432-0032	support@castlighthealth.com

\* The FSAs are administered by HealthEquity (previously known as WageWorks). You can access your account(s) by going to [wageworks.com](http://wageworks.com)

# MTC Safety Report

Painters - Boilermakers - Electricians - Laborers  
Machinists - OPEIU - Pipefitters - Teamsters

With diminishing daylight, make sure to be careful  
going to and from work. Make sure to dress  
appropriately for weather conditions. Make sure to  
hydrate when you can.

Thank you and continue to work safe!

Sean Banks  
1st Shift  
860-326-4832

John Adamson  
1st Shift  
860-917-7121

Jim Palmer  
1st Shift  
860-326-4341

Scott Harris  
1st Shift

Safety Office  
860-433-2811

Nate Newhouse  
1st Shift

Metal Trades  
860-445-6383

Bill Zaks  
2nd Shift  
860-326-4353

James  
Lawrence  
2nd Shift